



Course Welcome Instructions

Thank you for booking a course with Wyatt First Aid. Due to the ongoing situation with the COVID-19 pandemic we have all had to adjust the way we live and work. Your welfare is important to us, so we have carried out a risk assessment and put in place measures to help keep you safe while you train. In fact, we all need to **work together to keep each other safe***. With that in mind we are keeping you informed before your course so you can arrive confident and relaxed. Things may be a little different but please be assured of a friendly welcome as always!

Before the course:

- We will contact you by telephone before the course start day to carry out a COVID-19 screening assessment.
- Please ensure you have a **black pen** and a note pad for your own use. A black pen is essential for completing the multiple-choice question paper.
- Please bring your own lunch and drink to consume throughout the day. There will be no catering provided unless this is available at your workplace.
- Please bring your own **face covering** to wear on entry, registration and exit of the training room. You may also wear a face covering at other times if you wish.
- Please bring disposable tissues and alcohol hand sanitiser for your own use.

Arrival at the course:

- **All learners will be screened prior to entry of the training room.** Please observe social distancing of 2 metres if there is another learner waiting in front of you.
- We will re-ask you the questions from the COVID-19 screening assessment.
- Please be aware that in addition to our Data Protection Policy, your contact information will be held securely for the purposes of the NHS Test & Trace service.
- We will ask if we may take your temperature using a touch-free forehead thermometer. We will be wearing PPE for everyone's safety.
- You will be asked to sanitise your hands and sign in.
- You will be issued with an individual training pack and allocated a personal training area which is socially distanced 2 metres away from the trainer and other learners.



During the course:

- **It is everyone's responsibility to keep each other safe.**
- Social distancing of 2 metres will be in place throughout the duration of the course.
- Do not touch your mouth, nose or eyes unless you have just washed your hands.
- Hand sanitiser will be provided in the training room for your use.
- At the end of every theory session you will be asked to wash or sanitise your hands.
- Before and after each practical session you will be asked to wash or sanitise your hands.
- A civilian face mask is part of the individual training pack for use when performing CPR on the manikin.
- Each learner will have a clean manikin, new manikin lungs and a resuscitation face shield for practising CPR. We will teach you the adaptations to keep safe during the COVID-19 pandemic.
- We will ask you to demonstrate your skills for assessment on your manikin, yourself or using PPE if the 2 metre zone is breached.
- We will work closely with your workplace or the venue owners to provide you with a safe environment to train in. This includes cleaning of frequently touched points at each break, social distancing, hand hygiene measures, respiratory hygiene (coughing into a tissue or bent elbow then sanitising hands) and good ventilation of training spaces.

We do hope that the above measures will help you to feel looked after and you enjoy your course.

Please get in touch if you have any queries. We will be happy to discuss any concerns or questions you may have. Please email wyattfirstaid@yahoo.com with your query or to request a call back.

Thank you for taking the time to read this information. We look forward to welcoming you on to your course soon!

*We take our responsibility towards keeping each other safe seriously. Please respect the measures in place to keep everyone safe. Failure to observe safety measures will result in exclusion from the remaining course sessions with no refund.