



Course Welcome Instructions

Thank you for booking a course with Wyatt First Aid. Due to the ongoing situation with the COVID-19 pandemic we have all had to adjust the way we live and work. Your welfare is important to us. We have put in place measures to help keep you safe while you train. We all need to **work together to keep each other safe***. We hope these welcome instructions will help you arrive confident and relaxed. Things may be a little different but please be assured of a friendly welcome as always!

Before the course:

Attendance at all sessions is required along with completion of all written and practical tasks. Learners must be at least 14 years old and be able to perform practical tasks at floor level. There are no other formal course entry requirements but we strongly recommend that learners have a minimum of Level 1 in literacy and numeracy or equivalent.

We wish to make the course as safe, accessible and enjoyable as possible for you. Therefore, please advise us by email if you have any learning or physical difficulties which we need to be aware of. The course involves a variety of written, reading and physical activity. By being aware of your needs ahead of the course, we can discuss with you confidentially how we may assist you.

We request that all learners do a **'Rapid Lateral Flow Test'** within 48 hours of the course start. Trainers will only attend the course if they have a negative test result.

You will need for the course:

- Photographic ID on the first day of the course
- Black pen and a note pad
- Your own lunch and drink to consume throughout the day. There will be no catering provided unless this is available at your workplace
- Due to the practical nature of the course, learners should wear appropriate clothing and footwear. The training space will be well ventilated, therefore please bring multiple layers of clothing to ensure you are warm enough
- Your own face mask to wear on entry of the training room and during the course



Arrival at the course:

- All learners will be screened prior to entry of the training room. We will take your temperature using a touch-free forehead thermometer. We will be wearing PPE and ask you wear a face mask
- You will be asked to sanitise your hands and sign in
- Please be aware that in addition to our Data Protection Policy, your contact information will be held securely for the purposes of the NHS Test & Trace service
- You will be issued with an individual training pack and allocated a personal training area which is socially distanced 2 metres away from the trainer and other learners

During the course:

- It is everyone's responsibility to keep each other safe
- Social distancing of 2 metres will be in place throughout the duration of the course
- Hand sanitiser will be provided in the training room for your use
- All trainers and learners are required to wear a face mask
- Each learner will have clean or single use equipment for use when training. We will teach you adaptations to keep safe during the COVID-19 pandemic. Learner demonstration of rescue breaths with CPR has been temporarily suspended
- We will ask you to demonstrate your skills for assessment on your manikin, yourself or using PPE if the 2 metre zone is breached
- We will provide you with a safe, clean environment to train in. This includes cleaning of frequently touched points at each break, social distancing, hand hygiene measures and respiratory hygiene

We do hope that the above measures will help you to feel looked after and you enjoy your course. Please get in touch if you have any queries by emailing wyattfirstaid@yahoo.com Thank you for taking the time to read this information. We look forward to welcoming you on to your course soon!

*We take our responsibility towards keeping each other safe seriously. Please respect the measures in place to keep everyone safe. Failure to observe safety measures will result in exclusion from the remaining course sessions with no refund.